



Reimagining Mental Health Care

ACTIONDAY HUMAN SERVICES LLC

An ARMHS agency in the Twin Cities

MISSION

The mission of ActionDay Human Services LLC is to be the leading provider of ARMHS(Adult Rehabilitative Mental Health Service) in the Minneapolis and St. Paul metro areas.

Specifically, we will promote better client wellbeing, social, occupational, and familial functionality and thus contribute to public health.

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ACTIONDAY JOB DESCRIPTION

- **ARMHS Mental Health Practitioner (MHP)**

The potential applicant will provide rehabilitative services to adults with significant mental impairments through providing a supportive and professional mental care & instruction for

upholding psychiatric stabilization, improving upon social competencies & capital, and personal & emotional wellbeing, and of lifelong management and enhanced wellbeing from debilitating mental disorders.

Practitioners are supervised closely by ActionDay's ARMHS Clinical Treatment Supervisor. Our Mental Health Practitioners are mental health professionals who passionately care for and empathize with adults under the Adult Rehabilitative Mental Health Services (ARMHS).

Essential Duties and Responsibilities

- Provide Adult Rehabilitative Mental Health Services meeting all DHS and Medicaid requirements.
- Tutor skills for mental health & relapse management
- Development of dedicated and disciplined recovery goals, rehab goals, and wellness objectives with client centeredness as a primary concern
- Oversee compliance with Federal, State & Local privacy and confidentiality in treatment records and services
- Interact with a wide assortment of other professionals and stakeholders such as rehab personnel, clients' families, medical staff, and county case staff. (interaction need not be in-person)
- Mandatory but infrequent staff meetings are required
- Maintain a compassionate, non-judgemental, and values-neutral close therapeutic relationship with client and team
- Under supervision of our ARMHS Lead Clinical Treatment Supervisor provide appropriate clinical interventions
- Attend staff meetings and participate in team-based decisions regarding all clients and services.
- Maintain client files, update client files, update treatment plans a minimum of once every six months, and do all required documentation as specified in DHS guidelines
- Take accurate case notes in each session for each billable unit using the ActionDay's EHR system
- Requirement of a MN driver's license in good standing
- Must have one's reliable transportation with auto insurance
- Must be ready to Provide services in multiple locations and be willing to travel
- Maintain a high spiritedness, attitude, self-starterness, and respectful professional relationships with clients, management, public and staff
- Awareness of legal, client and public trust and reputational sensitivities for conduct unbecoming of the highest standards of ActionDay.
- Offer references to other health practitioners and clinics as necessary with ARMHS Lead Treatment Supervisor
- Maintain contacts with other providers as necessary
- Assemble references and network with other organizations or NGOs on community resources
- Participate in inter-agency sister consultations and functions as may be required

The Mental Health Practitioner will report to our ARMHS Lead Treatment Supervisor.

Practitioners will be a dedicated provider of treatment plans that are functionally restorative and train the client for the identification, development, and management of relapse triggers and negative emotionality for enhanced wellbeing, psychiatric stability, emotional and personal adaptations, social skills and competencies enhancement, identification and impact of environmental factors on individual and community health, and independent orientation and living skills.

Practitioners will provide a supportive approach to identify skill deficits and mitigate overall bearing on the daily, familial and professional life of the client to put them on a firm foundation to enhanced wellbeing.

The agency provides services to clients in the Twin Cities metro areas.

Qualifications

Must meet DHS qualifications for Mental Health Practitioner in one of the following ways:

- 1) Has completed at least 30 semester hours or 45 quarter hours in behavioral sciences or related fields and has at least 2,000 hours of supervised experience in the delivery of services to adults or children with: a) Mental illness, substance use disorder, or emotional disturbance, or b) traumatic brain injury or developmental disabilities and completes training on mental illness, recovery from mental illness, mental health de-escalation techniques, co-occurring mental illness and substance abuse, and psychotropic medications and side effects
- 2) Has at least 4,000 hours of supervised work experience in the delivery of services to adults or children with any of the following: a) Mental illness, substance use disorder, or emotional disturbance, or b) traumatic brain injury or developmental disabilities and completes training on mental illness, recovery from mental illness, mental health de-escalation techniques, co-occurring mental illness and substance abuse, and psychotropic medications and side effects
- 3) Has at least 2,000 hours of supervised experience in the delivery of services to adults or children with any of the following: a) Mental illness, substance use disorder, or emotional disturbance, or b) traumatic brain injury or developmental disabilities and completes training on mental illness, recovery from mental illness, mental health de-escalation techniques, co-occurring mental illness and substance abuse, and psychotropic medications and side effects; and receives clinical supervision as required at least once a week from a mental health professional until the requirement of 4,000 hours of supervised experience is met.
- 4) Has a graduate student internship or a bachelor's or master's degree and is a graduate student in behavioral sciences or related fields and is formally assigned by an accredited college or university to an agency or facility for clinical training.
- 5) Has a bachelor's or master's degree with any of the following: Holds a master's or other graduate degree in behavioral sciences or related fields. Holds a bachelor's degree in

behavioral sciences or related fields and completes a practicum or internship that (a) requires direct interaction with adults or children served, and (b) is focused on behavioral sciences or related fields.

A Mental Health Practitioner for an adult member must have training working with adults.

For any questions or additional information, please reach us at awarsame@aarkosmedcare.com.

AcionDay Human Services LLC is an Equal Opportunity Employer. AcionDay Human Services LLC does not discriminate on the basis of race, religion, color, sex, gender identity, sexual orientation, age, nondisqualifying physical or mental disability, national origin, veteran status or any other basis covered by appropriate law. All employment is decided on the basis of meritorious qualifications, competence, hourly and clinical need.

To apply please send your résumé and cover letter to Ahmed Warsame at awarsame@aarkosmedcare.com.